

Continenence Foundation of Australian and National Continenence Helpline
Printed Resources

Please FAX your order form to (03) 9347 2533

Mailing details:

Name: _____ Position: _____

Organisation: _____

Street: _____

Suburb: _____ State: _____ Postcode: _____

Phone: _____ Mobile: _____

E-mail: _____

National Continenence Management Strategy Resources:

Resource	Quantity
No 1 Bladder Control Problems	
No 2 Good Bladder Habits for Everyone	
No 3 Poor Bowel Control	
No 4 Bladder Control Check Up	
No 5 Pelvic Floor Muscle Training for Men	
No 6 Pelvic Floor Muscle Training for Women	
No 7 Dementia and Bladder & Bowel Control	
No 8 1 in 3 Women who have a baby wet themselves	
No 9 Childhood Bed-wetting	
No 10 Bed-Wetting in Young Adults	
No 11 Expecting a Baby?	
No 12 Surgery for Bladder Control Problems	
No 13 The Prostate and Bladder Problems	
No 14 Nocturia - Are you Getting up to Pass Urine at Night?	
No 15 Continenence Products	
No 16 Prolapse – Don't Ignore the Signs	
No 17 Bladder Training	

Translated and ATSI Material:

Order forms for a range of leaflets in **14 community languages** – separate order form available

Order forms for **Aboriginal & Torres Strait Islander** resources – separate order form available

National Continenence Helpline Freecall™ 1800 33 00 66

Staffed by Continenence Nurse Advisors who provide information and advice about a range of bladder and bowel health issues, a wide range of information and details about local continenence services.

National Continence Management Strategy Resources

Posters	Quantity
A2 - Don't Battle Constipation on your own	
A3 - Prevention & Management of Constipation in Adults	
A3 – Got to go Again? Maybe there's a problem	
Leaflets	
Bladder Management Problems & Self Assessment Questionnaire	
Looking After Your Bowel – A Guide to Improving Bowel Function	
Continence Aids Assistance Scheme (CAAS) Application	
National Public Toilet Map	
CD/DVD	
Caring for People with Continence Problems (DVD)	
Preventing a Managing Bowel Problems after Surgery for Bowel Cancer (DVD)	
Booklets	
What now? Helping clients live positively with urinary incontinence (for health professionals)	
Live better (with urinary incontinence) – tailored for clients after they have seen a health professional	
Childhood Bedwetting booklets	
The Dry Night (parents' guide)	
Sleepover (a story for children about wetting the bed interactive colouring book) – New edition available August 2008	
Watertight (for adolescents and older children)	
1 in 3 Women Who Have Ever Had a Baby Wet Themselves	
Continence Carers pack (Help for people who care for someone with bladder or bowel problems)	
Improving Bowel Function After Surgery for Bowel Cancer	
Looking After Your Bowel – A Guide to Improving Bowel Function	
Risks and Burdens of Incontinence in an Older Community – The Dubbo Longitudinal Study of the Elderly 1988 – 2003	
Australian Incontinence – data analysis and development	
Framework for Economic and Cost Evaluation for Continence Conditions 2006	
Continence Outcomes Measurement Suite together with Review of Patient Satisfaction Measures 2006	
Measuring Incontinence in Australia 2006	
National Continence Management Strategy Phase 3 Action Plan	
Other	
Bookmarks - National Public Toilet Map/BladderBowel website	

Continence Foundation of Australia Resources

Posters	Quantity
One Minute on Your Motions	
CAW Posters	
Leaflets	
Membership of the Continence Foundation of Australia	
Healthy Bladder and Bowel Habits (CFA Victoria)	
Nocturia in Adults	
Bladder Health for Kids (for kids to read) (available early August)	
Bowel Health for Kids (for kids to read) (available early August)	
CD/DVD	
Tackling Incontinence in the Community (a CD training package for GPs)	
Pelvic Floor Muscles (A consumer education resource for health professionals) – book & CD	
The Challenge DVD - Bed Wetting Cured Brochure	
Pelvic floor muscles: Educating your clients. A resource for antenatal educators CD (available early August)	
Booklets	
The Continence Guide (a guide to bladder and bowel health)	
Continence Promotion for People Living in the Community with Mental Illness	
Continence and Prostate Cancer – A guide for men undergoing prostate surgery	
Andrology Australia's - Prostate Enlargement in the Older Male (One copy only)	
Flip Chart	
Pelvic Floor Muscles - Consumer Education Resource - Only available to Rural & Remote Health Professionals (limited supplies)	
Fact Sheets	
After Dribble – A common problem for men	
Caring for someone with incontinence	
Parkinson's disease and constipation	
Arthritis and bladder and bowel	
Mental Illness and bladder and bowel	
Menopause and bladder and bowel	
Diabetes and bladder and bowel	
Quotable Stats & Facts	
Funding Schemes – National and State schemes	
Day Wetting in children (available early August)	
Night Wetting in children (available early September)	
Soiling (faecal Incontinence) in children (available early August)	
Publications	
Bridge (consumer newsletter)	
Bridge Order Form	
Bladder Diary (5 maximum)	
Information Packs	
Professional Pack	
Student Pack	
CAW Pack - (Theme- Mothers & Children)	