

# What is Dementia?

## 1. Cognition:

- memory
- insight
- judgement
- planning
- empathy
- orientation (time and place, then person)
- reasoning

## 2. Function:

- cooking
- shopping
- driving
- finances
- appointments
- personal care

## 3. Psychiatric:

- depression
- hallucinations
- paranoia
- delusions

## 4. Behaviour:

- screaming
- wandering
- intruding

## 5. Physical:

- gait slowing, shuffling, stiffening and falls
- incontinence
- aspiration pneumonia (food inhaled into the lungs)