

Are you concerned about noticeable changes in your short term memory or of someone in your family and participating in this project to trial a nurse-led clinic to support General Practitioners in memory and cognition assessments?

The early diagnosis of memory loss is extremely important and very often the time required to complete the assessment is difficult to find. The Nurse-Led Memory Clinic Project is researching the effectiveness and benefits of a Nurse Practitioner led memory clinic to support General Practitioners with assessment and management.

Are you interested in being part of this study, or finding out more information?

Contact Suzie on
03 6226 8510

To find out more
and/or to make
an appointment

This study has been approved by the Human Research Ethics Committee (Tasmania) Network
H0010985

Nurse-Led Memory Clinic

Southern Tasmania



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WICKING
DEMENTIA RESEARCH
& EDUCATION CENTRE

M  Menzie's
Research
Institute
Tasmania

THIS PROJECT IS AUSPICED

BY THE

WICKING DEMENTIA RESEARCH
& EDUCATION CENTRE

Chief Investigators:

Dr Christine Stirling, Senior Research Fellow
Hazel Ryan, Nurse Practitioner Aged Care
Dr Martin Morrissey, Old Age Psychiatrist



With thanks to our project supporters
Alzheimer's Australia Tasmania, Older
Persons Mental Health Service, Southern
Area Health Service, GPSouth.

If you have noticed some recent memory problems and decide to participate:

- You will attend 1 or 2 visits with Hazel Ryan, Nurse Practitioner - Aged Care.
- Hazel will discuss the risks and benefits of your participation with you on enquiry.
- On the first visit Hazel will complete a comprehensive assessment with you and someone who knows you well which may take about an hour and a half.
- The information gathered will be discussed with your General Practitioner (GP).
- You will have assisted us to trial an innovative role for the Nurse Practitioner. A Nurse Practitioner is a specialised and experienced Nurse who has undertaken a master's level study to provide the community with a new level of health care.

All support will be delivered confidentially and **free of charge**.

Your involvement in the project will not interrupt or interfere with medical treatments or services for yourself, or the person you care for.

The information obtained in the study will be used for research purposes.

No information will be published that could identify you or the person you care for.

The information collected will be kept in secure.

HOW WILL TAKING PART HELP?

Your participation will help us gather information about the way a Nurse-Led clinic will function, which may result permanent use in the future to assist GPs.

You may discover you have an early dementia, if so you will be able to discuss future planning with Hazel and your GP. You will be given risk factor reduction information.