

## 1.6 Referral Pathways for Patients with Less Acute Mental Health Presentations

(non urgent)

Initiative/ Service Provider	What is provided?	Who is eligible?	How to refer	Cost to patient	Who provides the service?	GP item numbers
<p><u>Better Access to Mental Health Care</u></p> <p>Focussed Psychological Strategies (FPS)</p> <p>See Section 9 for further information.</p>	<p>6 individual sessions of Focussed Psychological Strategies and 6 group sessions.</p> <p>A further 4 individual and 4 group sessions after a review.</p>	<p>People with a mental disorder who would benefit from a structured approach.</p> <p>See Section 9.1 for a list of disorders that can be treated under this initiative.</p> <p>Note exceptions*</p>	<p>Mental Health Assessment, Treatment Plan and K 10 assessment</p> <p>Referral letter</p>	<p>Varies between clinicians. Gap payments may apply.</p> <p>See Medicare Registered Allied Health Professionals list, Section 2.1, for information about local providers.</p>	<p>Private Psychologists</p> <p>GP providers of FPS</p> <p>Mental Health Social Workers</p> <p>Mental Health Occupational Therapists</p> <p>All the above need to be registered with Medicare Australia.</p> <p>See Medicare Registered Allied Health Professionals list, Section 2.1, for information about local providers.</p>	<p><b>MH Assessment and Treatment Plan</b></p> <p><b>Mandatory</b> to use MBS 2700 or 2701 if GP has <b>not</b> completed Mental Health Skills Training.</p> <p><b>Mandatory</b> to use MBS 2715 or 2717 if GP is <b>registered with Medicare</b> as having completed Mental Health Skills Training.</p> <p><b>Review</b> MBS 2712 Also consider GP Mental Health Consultation MBS 2713 or a standard consultation item.</p>
<p><u>Better Access to Mental Health Care</u></p> <p>Psychological Therapy Services (includes assessment and Psychological Strategies)</p> <p>See Section 9 for further information.</p>	As above	As above	As above	As above	<p>Private Clinical Psychologists who are registered with Medicare Australia.</p> <p>See Medicare Registered Allied Health Professionals list, Section 2.1, for information about local providers.</p>	As above

\* Exceptions

Dementia, delirium, tobacco use disorder and mental retardation are not regarded as mental disorders for the purpose of the GP Mental Health Treatment items.

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(non urgent)

Initiative/ Service Provider	What is provided?	Who is eligible?	How to refer	Cost to patient	Who provides the service?	GP item numbers
<p><u>Better Outcomes in Mental Health Care</u></p> <p>Integrated Care Service</p> <p>Provided by Relationships Australia</p>	<p>6 individual sessions of Focussed Psychological Strategies and 6 group sessions.</p> <p>A further 6 individual and 6 group sessions after a review.</p> <p>In exceptional circumstances patients may require an additional 6 individual sessions up to a maximum total of 18 sessions per calendar year.</p>	<p>Low income patients who are unable to access <b>bulk billing</b> private allied health professionals through Better Access to Mental Health Care.</p> <p>Women experiencing <b>perinatal depression</b> and <b>young children with mental disorders</b> are priority groups for this service.</p> <p>Note exceptions*</p>	<p>Fax Assessment, Treatment Plan and K10 to Relationships Australia on 6211 4073</p> <p>Integrated Care Service referral packs are available from Tasmania Medicare Local Phone 6208 7300. Electronic referral forms are available at <a href="http://www.gpsouth.com.au/infom.html#ics">www.gpsouth.com.au/infom.html#ics</a></p> <p>Some additional information is required by DoHA for this service.</p>	<p>No charge to patient</p> <p>(Funded by Tasmania Medicare Local under the Commonwealth Department of Health and Ageing's ATAPS program)</p>	<p>Relationships Australia</p> <p>See Section 1.7</p>	<p><b>MH Assessment and Treatment Plan</b></p> <p>May use MBS 2700, 2701, 2715 or 2717 but NOT mandatory</p> <p><b>Review</b></p> <p>MBS 2712</p> <p>Also consider GP Mental Health Consultation MBS 2713 or a standard consultation item.</p>

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