

3.1 Agencies Working With Addictive Behaviours

SERVICE	LOCATION	PHONE
COUNSELLING AND SUPPORT FOR PEOPLE WITH ADDICTIVE BEHAVIOURS		
Alcohol Tobacco and Other Drugs Advocacy Service Free, confidential, independent support	Hobart	6224 2240 1800 005 131
Gamblers Help program for problem gambling – Anglicare Free confidential counselling and supportive interventions	Hobart	1800 243 232 6213 3555
Gamblers Help program for problem gambling - Relationships Australia One to one counselling/group support/meetings/education	Hobart	1300 364 277 6211 4050
Glenorchy Illicit Drug Service GIDS – Anglicare	Glenorchy	6273 5855
Hobart City Mission – counselling for drugs, alcohol and mental health issues	Moonah	6215 4251
Holyoake (Particularly for family members needing support)	Hobart	6224 1777
'Pulse' Youth Health Centre (12 - 24 yrs)	Glenorchy	6233 8900
Smoke Free Program for people with a mental illness	New Town	6230 7901
TASCAHRD (Tasmanian Council on AIDS, Hepatitis and Related Diseases) which includes a needle and syringe program	Glenorchy Hobart	6272 7892 6234 1242
The Link (12 - 24yrs) includes needle and syringe program	Hobart	6231 2927
DETOX / WITHDRAWAL		
Alcohol and Drug Service - Intervention Unit (18 and Over) Fax: 6230 7993 - After Hours Information Service-24 hrs	New Town	6230 7970 1800 811 994
St Helen's Private Hospital	Hampden Unit, Hobart	6221 6444
The Hobart Clinic	Chipmans Road, Rokeby	6247 9960
GENERALIST COUNSELLING SERVICES		
Anglicare	Hobart	6213 3555
Lifeline (24hr counselling line)	Hobart	13 11 14
Relationships Australia	Hobart	6211 4050
INTERNET SITES		
Australian Drug Foundation	www.adf.org.au	
Australian Drug Information Network	www.adin.com.au	
Gamblers Help	gamblinghelponline.org.au	
Quit Tasmania	www.quittas.org.au	
Somazone - Interactive youth site of the Australian Drug Foundation	www.somazone.com.au	
Turning Point - Alcohol and Drug Centre	www.turningpoint.org.au	
RESIDENTIAL REHABILITATION		
Bridge Program (Salvation Army) - also offers day programs	New Town	6278 8140
SELF-HELP GROUPS		
Al-Anon	Southern Tasmania	6231 5178
Alcoholics Anonymous	Southern Tasmania	6234 8711
Narcotics Anonymous - local group information available at www.na.org.au	Hobart/New Town	
SMART (Self Management and Recovery Training) Recovery-self-help group that a: with recovery from all addictive behaviours	New Town	0408 391 791

3.1 Agencies Working With Addictive Behaviours continued

SPECIALISED SERVICES

DACAS (Drug and Alcohol Clinical Advisory Service for practitioners only) 24hrs	1 800 630 093
Pain Clinic - Royal Hobart Hospital	6222 8087
TASCAHRD (Tasmanian Council on AIDS, Hepatitis and Related Diseases)	1 800 005 900

TELEPHONE SERVICES For Addictions (Also available to family members and the public)

ADIS (Alcohol and Drug Information Service).	1 800 811 994
Gamblers Help Tasmania 24 hour free call	1 800 858 858
Quitline	1 3 78 48
