

## 7.1 Private in-patient Psychiatric Services

There are two private hospitals registered as psychiatric facilities in southern Tasmania, both of which accept direct referrals from GPs.

### The Hobart Clinic

#### Contact details

31 Chipmans Road, Rokeby  
Phone: 6247 9960 Fax: 6247 6439

#### Eligibility criteria

- ◆ Patients with appropriate health insurance (eg private cover, DVA, MAIB, Workers Comp.)
- ◆ Aged 18+
- ◆ Voluntary admissions only
- ◆ May be admitted under the Clinic psychiatrists

**Please note that patients presenting with an extreme risk of harming themselves or others may need referral to a more secure facility.**

#### Cost of service

Contact Hobart Clinic with your patient's details and they will check whether his/her insurance cover is adequate (takes approx 10 min).

#### How to refer

Phone: 6247 9960 and give the following details to the senior nurse on duty:

- ◆ patient's name, address & phone number
- ◆ health insurance details
- ◆ provisional diagnosis/treatment needs
- ◆ treating psychiatrist (if known).

Please discuss risk factors with senior nurse on duty.

Then fax the referral letter on 6247 6439, or send it with the patient.

#### Waiting time

Patients may be admitted on the same day, subject to bed availability.

#### Services offered

- ◆ Assessment and treatment of a wide range of mental illnesses and disorders, including depression, anxiety, adjustment disorders, psychotic disorders, personality disorders and substance abuse disorders
- ◆ Specialised programs for addictive behaviours (including alcohol & drug detox), and anxiety & panic disorder
- ◆ Inpatient, day patient or community visits

#### Process

Patients are seen by a Clinic psychiatrist and medical officer within 24 hours. Or, they may be admitted under the care of a nominated accredited psychiatrist. Individualised programs are developed with appropriate staff.

### St Helens Private Hospital

#### Contact details

Dept of Psychological Medicine  
186 Macquarie Street, Hobart  
Admissions hotline: 1800 550 254 (all hours) or 6221 6506  
Fax: 6221 6419

#### Eligibility criteria

- ◆ Patients with appropriate health insurance (eg private cover, DVA, MAIB, Workers Comp.)
- ◆ Aged 18+
- ◆ Voluntary admissions only
- ◆ Be under the care of a private psychiatrist for the course of the admission
- ◆ May be admitted under staff psychiatrist

#### Cost of service

Contact the patient's health fund, or phone admissions hotline 1800 550 254

#### How to refer

- Admissions hotline 1800 550 254
- Referral letter can be faxed on 6221 6419
- Alternatively, via DEM at The Hobart Private Hospital

#### Waiting time

Patients may be admitted on the same day, subject to bed availability.

#### Services offered

- ◆ In-patient services, including treatment of psychosis, anxiety and mood disorders
- ◆ Specialised assessment and inpatient care of psychogeriatrics
- ◆ Specialised inpatient and day patient drug & alcohol program
- ◆ Day Patient Programs – general day program, depression management program, anxiety management program, eating disorders program
- ◆ On-site ECT Service
- ◆ Mother Baby Unit for post natal depression & associated disorders
- ◆ Clinical Psychologist Services
- ◆ Direct access to emergency medical cover
- ◆ Physiotherapy and dietetic services
- ◆ Complementary therapies

#### Process

GPs can organise an admission by telephoning the admissions hotline 1800 550 254. The on-site medical officer will facilitate a referral to a private psychiatrist or staff psychiatrist (9am to 5pm, Monday to Friday, or on call).