

MHS Residential and Rehabilitation Services in Southern Tasmania

Mental Health Services fund a range of treatment, supported accommodation, individual support and recovery options. To access these services an application form needs to be sent to the **Maximising Recovery Panel (MRP)**. The postal address is on the application form. GPs may be asked to help a patient complete the paperwork. **Please include the referrers contact details on the MRP application.** The referred person is asked to have visited the service for which they are applying, before submitting the MRP application.

Some of the programs require an active and preferably a Mental Health case manager to be responsible for giving current information to help prioritise referrals and for clinical input that the Community Service organisations do not provide.

Information and application forms are available on the Mental Health page under Mental Health Services on the General Practice South website www.gpsouth.com.au
For further information about applications to the Maximising Recovery Panel contact Kelli Vinen at the Mental Health Service Southern Area Management Unit.

Phone: 6230 7788 **Fax:** 6230 7550 **Email:** mhs.mrpsouth@dhhs.tas.gov.au

For information about the individual services contact the Program Managers on the numbers below.

PROGRAM	PROGRAM FOCUS	ELIGIBILITY	SERVICE PROVIDER	CONTACT DETAILS
Activities Group (low turnover)	Daily activities-based program. Low cost meals available.	For people over 35 who have a serious and persistent mental illness and an actively involved case manager.	Langford	New Town 6278 1677
Anglicare Recovery Program	Participants work with a Key Worker on identified goals to help them maintain independent living. Support varies from 1-3 hours per week.	Adults 18- 65 years with a serious and persistent mental illness and who need assistance to maintain independent accommodation. Must be referred by an active case manager.	Anglicare	6213 3527
Recovery Program	Assists people to achieve their social, residential, educational or vocational goals. Each participant has a personal rehabilitation worker. Mostly centre-based.	For people aged between 16 and 64 who have a confirmed psychiatric diagnosis which impacts on their ability to live independently, maintain employment, participate in the community or continue studying.	Aspire	6224 5247 www.aspire.org.au

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Supported Accommodation Program	Supported Accommodation program for women living in a community environment working towards goals to achieve independent living.	Women with a psychiatric illness over the age of 18	Caroline House	North Hobart 6234 5011
Residential Rehabilitation and Supported Accommodation Programs	Residential program for adults with significant psychiatric disabilities.	Adults diagnosed with an enduring psychiatric disability who are guided towards developing needed skills.	Langford Villas	New Town 6228 9099
Residential Rehabilitation	Residential recovery programs for adults working with a Key Worker to identify their goals towards independent living.	Adults diagnosed with a serious mental health disorder and who are committed towards developing their skills for independent living.	Richmond Fellowship	Glenorchy 6273 8650 Lindisfarne 6243 9466 Rokeby 6247 7655
Youth Activity Group	An activities based support program offered Mondays to Thursdays from 10 am to 3 pm.	Young people aged 16- 25 years who are experiencing early stages of mental illness.	Langford	6223 1116 Please note that this program uses a different application form than is used for the other programs.