

Referral Pathways

Referral options	Contact details	General Practice South information
MHS Helpline	Phone 1800 332 388 Fax 6236 5788 www.dhhs.tas.gov.au/mentalhealth Type Helpline into search	Information and referral templates available at www.gpsouth.com.au/mental.html#MHS Also available in Section 6.1 of Mental Health Resource Folder www.gpsouth.com.au/mhrf.html#6
MH Allied Health Professionals - private		Click on MH AHPs in Fast Find Index. www.gpsouth.com.au Also available in Section 2.1 of Mental Health Resource Folder www.gpsouth.com.au/mhrf.html#2 Also available in Health Directory – type surname into search www.gpsouth.com.au/hd.htm
Psychiatrists - private		Available in Section 7.2 of Mental Health Resource Folder www.gpsouth.com.au/mhrf.html#7 Also available in Health Directory – type surname into search www.gpsouth.com.au/hd.htm
Integrated Care Service	Fax 6211 4073 Phone 6211 4050 Relationships Australia	Information and referral templates available at www.gpsouth.com.au/mental.html#ics Also available in Section 1.7 of Mental Health Resource Folder www.gpsouth.com.au/mhrf.html#1 Referral Packs available from General Practice South Phone 6208 7300
Personal Helpers and Mentors Program (PHaMs)	Phone 1800 243 232 Services available at: *Sorell and Districts & Tasman Peninsula *Brighton, Lower Midlands & Central Highlands *Greater Hobart	Brief information is listed under <i>Recovering from mental illness</i> in Section 2.3a of Mental Health Resource Folder www.gpsouth.com.au/mhrf.html#2

Resources Overview

Resources, education and support	Contact details	Further information
Drug and Alcohol Clinical Advisory Service (DACAS)	www.dacas.org.au/Find_Help.aspx Phone 1800 630 093	24 hour/7 day specialist telephone consultancy service available to health professionals in Tasmania
General Practice South website	www.gpsouth.com.au	Use Fast Find Index to access information and resources Assessment tools www.gpsouth.com.au/Mental.html#Assess
General Practice South Mental Health Resource Folder	www.gpsouth.com.au/mhrf.html	2009 edition will be revised in the second half of 2011 Available in both hard copy and online
GP Psych Support	Phone 1800 200 588 Fax 1800 012 422 www.psychsupport.com.au	Provides GPs with free patient management advice from a psychiatrist within 24 hours
Mental Health at the Royal General Practice South/MHS	Sessions will be arranged based on demand. To express interest contact General Practice South 6208 7300	Follows the patient journey from the Emergency Department, through the Department of Psychiatry and to the “step down” unit at Mistral Place CPD event accredited by RACGP & ACRRM
Mental Health Professionals Network (MHPN)	www.mhpn.org.au email: tas@mhpn.org.au	Offers local and online interdisciplinary networks of mental health professionals throughout Australia.